## ANNUAL MANAGER TRAINING

**Summary:** To remain effective, all leaders must take time for reflection, self-development, and to review current trends. This custom workshop will address all areas necessary to keep the leaders in your organization fresh and actively engaged with team members.

Format: One or two day workshop



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Joel DiGirolamo has over 30 years of staff and management experience in Fortune 500 companies. He has a BSEE, MBA, and an MS psychology degree and is the author of the book Leading Team Alpha and the award-winning book Yoga in No Time at All. The combination of his diverse work experience and education enable him to relate to individuals at all levels and positions of any organization in any region of the world. His broad experience has allowed him to successfully lead and participate on teams of individuals with unique backgrounds and various motivations. Joel has been a keynote speaker at several international conferences, is a member of the American Psychological Association (APA), Society for Industrial and Organizational Psychology (SIOP), and Society for Human Resource Management (SHRM). You can contact Joel at joel@jdigirolamo.com or +1-859-539-6882.

## **Elements:**

Maintaining rapport

Managing conflict: constructive & destructive

Measuring performance

Desire to compress ratings, desire to rate everyone high

What is best for the organization

Difficult conversations

Engagement

Motivation & rewards: intrinsic, extrinsic

Job satisfaction vs. job performance

Setting goals

Selecting employees: job analysis, knowledge, skills, abilities

Methods, laws

Communication skills

Taking the time, urgency

Nature, resources

Recognition, coaching

Pressure: how much is optimal

Team dynamics

Task vs. process, goals

Roles

Observing yourself

Self-development

Role plays

## ASSESSMENTS

Turbocharged Leadership uses many objective, scientifically validated assessments for team training, leadership and employee training and self-development, and organizational development.

- Myers-Briggs Type Indicator (MBTI)
- DISC
- Emotional Intelligence (EQ, MSCEIT)
- Five-factor Model (NEO PI-R)
- Thomas-Kilmann Conflict Mode Instrument (TKI)
- Fundamental Interpersonal Relations Orientation-Behavior (FIRO-B)
- California Psychological Inventory (CPI)
- Mindfulness
- Maslach Burnout Inventory (MBI)
- Strong Interest Inventory
- Campbell Interest and Skill Survey
- Watson-Glaser Critical Thinking Appraisal (WGCTA)
- Wonderlic Personnel Test (WPT)